

September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 No Allergy Shots Surgery Day	2	3	4 No Allergy Shots CW Surgery Day	5
6	7 No Allergy Shots Labor Day office closed	8 No Allergy Shots DR ALMAND OUT OF OFFICE	9 NO ALLERGY SHOTS DR ALMAND OUT OF OFFICE	10 DR ALMAND OUT OF OFFICE – NO ALLERGY SHOTS	11 DR ALMAND OUT OF OFFICE NO ALLERGY SHOTS	12
13	14	15 No Allergy Shots Surgery Day	16 ALLERGY SHOTS START AT 9AM	17	18 DR ALMAND OUT OF OFFICE – NO ALLERGY SHOTS	19
20	21	22 No Allergy Shots Surgery Day	23	24	25 DR ALMAND OUT OF OFFICE – NO ALLERGY SHOTS	26
27	28	29 No Allergy Shots Surgery Day	30			

Phone: (865)983-4090

Shot hours Monday- Thursday 8AM-11:30AM & 1PM-4:30PM

Fridays only 8AM – 11:30AM

Website: foothillsentahc.com- Click on Allergy /Sinus tab then download link for Allergy Shot Schedule. Schedule is subject to change depending on Dr's Availability. Please be aware and courteous to staff and other patients. If you are sick, running fever or have any other active symptoms please stay home.