

# June 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 No Allergy Shot Surgery Day	3	4	5 No Allergy Shots CW Surgery Day	6
7	8	9 No Allergy Shots Surgery Day	10	11	12 NO ALLERGY SHOTS DR ALMAND OUT OF OFFICE	13
14	15 NO ALLERGY SHOTS DR ALMAND OUT OF OFFICE	16 No Allergy Shots Surgery Day	17	18	19 <i>Allergy Shots</i> <i>Start @ 9AM</i>	20
21	22	23 No Allergy Shots Surgery Day	24	25	26	27
28	29	30 No Allergy Shots Surgery Day				

Phone: (865)983-4090

Shot hours Monday- Thursday 8AM-11:30AM & 1PM-4:30PM

Fridays only 8AM – 11:30AM

Website: [foothillsentahc.com](http://foothillsentahc.com)- Click on Allergy /Sinus tab then download link for Allergy Shot Schedule. Schedule is subject to change depending on Dr's Availability. Please be aware and courteous to staff and other patients. If you are sick, running fever or have any other active symptoms please stay home.